

# Managing Resources

## To Avoid Waste and Have Enough Supplies

**Educate Family:** Educate your family and homestead workers about waste reduction practices.

**Regular Assessments:** Conduct regular assessments of your needs to avoid over-purchasing or understocking.

**Expiration Dates:** Pay attention to expiration dates and use older items before newer ones to prevent waste.

**Inventory Visibility:** Organize your pantry and supplies for easy visibility to prevent items from being forgotten.

**Meal Planning:** Plan meals in advance to buy and prepare only what you'll consume.

**Portion Control:** Practice portion control to avoid preparing more food than needed, reducing food waste.

**Leftovers Utilization:** Creatively use leftovers in new dishes to minimize food wastage.

**Food Preservation Classes:** Attend food preservation classes or workshops to learn new skills.

**Preserve Excess:** Learn food preservation techniques like canning, drying, and freezing to extend the shelf life of perishables.

**Reusable Containers:** Use reusable containers for food storage instead of disposable options.

**Reduce Single-Use Items:** Minimize single-use items like paper towels and disposable cutlery.

**Sustainable Packaging:** Choose products with sustainable packaging materials, such as glass or recyclable paper.

**Bulk Shopping:** Purchase items in bulk to reduce packaging waste and save money in the long run.

**Limit Impulse Buys:** Stick to shopping lists and avoid impulse purchases to prevent unnecessary items.

**Non-Perishable Staples:** Stock up on non-perishable staples like grains, beans, and canned goods to minimize grocery store trips.

**Zero-Waste Cooking:** Embrace zero-waste cooking by using all parts of ingredients, including peels, stems, and bones.

**Homemade Cleaning Products:** Make your cleaning products using simple, eco-friendly ingredients to reduce waste.

**Water Conservation:** Conserve water by fixing leaks, collecting rainwater, and using greywater for irrigation.

**Energy Efficiency:** Invest in energy-efficient appliances and lighting to reduce energy consumption.

**Grow Your Own:** Keep a garden to grow your own veg, herbs, spices, and start an orchard to grow fruits and nuts.

**Home Apothecary:** Start a home apothecary to make your own herbal remedies and personal products.

**Garden Waste:** Compost garden waste like weeds and trimmings to create nutrient-rich soil.

**Compost System:** Implement a compost system for food scraps and yard waste to reduce trash and enrich soil.

**Repair Over Replace:** Repair and maintain equipment, tools, and clothing instead of immediately replacing them.

**Repurpose Items:** Find creative ways to repurpose items instead of discarding them.

**Clothing Repair:** Learn basic sewing and mending skills to repair clothing rather than replacing it.

**Donate Unused Items:** Donate unused items to charities or community organizations.

**Community Sharing:** Establish a community sharing system for excess produce and supplies with neighbors.