

# COMMON BARTER ITEMS CHECKLIST

## **FOOD AND WATER:**

NON-PERISHABLE FOOD: CANNED GOODS, DEHYDRATED FOODS, AND LONG-SHELF-LIFE ITEMS.

WATER PURIFICATION ITEMS: WATER PURIFICATION TABLETS, FILTERS, OR BLEACH.

## **MEDICAL SUPPLIES:**

OVER-THE-COUNTER MEDICATIONS: PAIN RELIEVERS, ANTACIDS, ALLERGY MEDICATIONS. PRESCRIPTION MEDICATIONS: EXTRA SUPPLY IF POSSIBLE.

FIRST AID SUPPLIES: BANDAGES, ANTISEPTICS, GAUZE, MEDICAL TAPE.

## **PERSONAL HYGIENE:**

SOAP: BARS OR LIQUID SOAP.

FEMININE HYGIENE PRODUCTS: ANY KIND

TOOTHBRUSHES AND TOOTHPASTE: EXTRA SUPPLIES FOR BARTER.

CHAP STICK

## **ALCOHOL AND TOBACCO:**

ALCOHOLIC BEVERAGES: SMALL BOTTLES OF  
HARD LIQUOR.

TOBACCO PRODUCTS: CIGARETTES, CHEWING  
TOBACCO.

## **AMMUNITION AND FIRE STARTERS:**

AMMUNITION: VARIOUS COMMON CALIBERS.

FIRE STARTERS: LIGHTERS, MATCHES, FERRO  
RODS.

## **FUEL:**

PROPANE: SMALL CANISTERS FOR PORTABLE  
STOVES.

FIREWOOD: IF ABUNDANT AND PROPERLY  
STORED.

## **LIGHTING:**

FLASHLIGHTS: WITH EXTRA BATTERIES.

CANDLES: VARIOUS SIZES.

## **TOOLS:**

BASIC HAND TOOLS: HAMMERS, SCREWDRIVERS,  
PLIERS.

BLADES: KNIVES, HATCHETS, SAWS.

## **CLOTHING AND FOOTWEAR:**

WARM CLOTHING: JACKETS, GLOVES, HATS.

DURABLE FOOTWEAR: BOOTS, SHOES WITH GOOD TREAD.

## **SEEDS:**

HEIRLOOM SEEDS: FOR VEGETABLES, HERBS, AND FRUITS.

SEED STARTER KITS: WITH INSTRUCTIONS FOR GROWING.

## **COOKING SUPPLIES:**

CAST IRON COOKWARE: DURABLE AND LONG-LASTING.

PORTABLE STOVES: SMALL PROPANE OR WOOD-BURNING STOVES.

HAND POWERED KITCHEN TOOLS: WHISK, MIXER, BUTTER CHURN

## **BATTERIES:**

VARIOUS SIZES: ESPECIALLY COMMON SIZES LIKE AA AND AAA.

RECHARGEABLE BATTERIES: WITH SOLAR CHARGERS.

## **READING MATERIALS:**

BOOKS: ESPECIALLY ON SURVIVAL, MEDICAL, OR EDUCATIONAL TOPICS.

## **COMMUNICATION DEVICES:**

RADIOS: BATTERY-OPERATED OR HAND-CRANK RADIOS.

WALKIE TALKIES: WITH EXTRA BATTERIES.

## **BLANKETS AND SLEEPING GEAR:**

WARM BLANKETS: WOOL OR SYNTHETIC.

SLEEPING BAGS: COMPACT AND WARM.

## **PRECIOUS METALS:**

SILVER COINS: SMALL DENOMINATIONS FOR EASIER BARTERING.

GOLD: SMALL PIECES LIKE GOLD COINS OR JEWELRY.

## **MISCELLANEOUS ITEMS:**

DUCT TAPE: MULTIPLE USES, FROM REPAIR TO MEDICAL.

ZIP TIES: VARIOUS SIZES FOR REPAIRS AND SECURING ITEMS.

SKILLS: CARPENTRY, CAR REPAIR, MEDICAL, AND MORE.